



JTM Nutritional Specifications SY 09-10 School Products

All J.T.M. School Food Service items have either zero trans fats or zero added trans fats and those trans fats in the product are naturally occurring



Product Name	Product Code	Serving Size (oz)	Serving per Case	Calories	Calories From Fat	% Calories From Fat	Meat/MA (oz)	Veg (Cups)	Bread Servings	Protein (g)	Carbs (g)	Sugars (g)	Dietary Fiber (g)	Total Fat (g)	Saturated Fat (g)	Naturally Occurring Trans Fat (g)	Cholesterol (mg)	Vitamin A (IU)	Vitamin C (mg)	Sodium (mg)	Calcium (mg)	Iron (mg)	CN Number
Asian Base Sauce	73030	0.56	567	26	0	0.0	---	---	---	0	6	4	0	0	0.0	0	0	2	0	179	2	0	N/A
General Tso's Sauce	73050	0.53	604	31	8	25.0	---	---	---	0	6	4	0	1	0.1	0	0	8	0	185	2	0	N/A
Sweet & Sour Sauce	73060	1.13	283	48	0	0.0	---	---	---	0	12	10	0	0	0.0	0	0	19	1	92	9	0	N/A
Cheddar Cheese Sauce	5705	2.00	240	126	87	68.7	1.00	---	---	8	3	1	0	10	5.4	0	32	454	0	614	236	0	052242
Jalapeno Cheese Sauce	5708	2.00	240	119	82	68.7	1.00	---	---	8	2	1	0	9	5.1	0	31	429	0	579	223	0	054480
Reduced Fat Cheese Sauce	5715	2.36	203	115	57	49.8	1.00	---	---	6	9	5	0	6	3.5	0	22	265	0	500	207	0	064466
Queso Blanco	5718	2.00	240	119	86	72.1	1.00	---	---	7	2	0	0	10	5.1	0	30	405	0	549	201	0	070807
Macaroni & Cheese	5750	8.00	60	353	174	49.2	2.00	---	1.75	20	27	3	1	19	10.8	0.6	61	937	0	1,100	452	1	054481
Reduced Fat Mac & Cheese	5756	6.00	80	238	98	41.2	2.00	---	0.50	13	23	5	1	11	6.0	0	35	612	0	847	308	1	072618
Homestyle Orig Mac&Cheese	5757	6.00	79	289	133	46.1	2.00	---	0.75	15	25	4	1	15	8.1	0	48	666	0	1,017	359	1	071235
Hmstyl RF Elbo Mac&Cheese	5758	6.00	80	258	99	38.5	2.00	---	1.00	13	27	5	1	11	6.0	0	35	612	0	844	308	1	072213
Hmstyl Orig Str Mac&Chees	5759	6.00	79	280	137	48.8	2.00	---	0.75	15	22	4	1	15	8.5	0	48	666	0	1,015	358	1	071818
Hmstyl RF Strt Mac&Cheese	5761	6.00	80	246	103	41.8	2.00	---	0.75	13	24	5	1	11	6.4	0	36	497	0	840	308	1	072214
PortPk Hmstyl RF Mac&Ches	5762	6.00	40	246	103	41.8	2.00	---	0.75	13	24	5	1	11	6.4	0	36	497	0	840	308	1	073958
Red Sod Beef Meatball 5=2	CP5030	2.85	168	165	91	55.2	2.00	---	---	13	6	1	1	10	3.9	0.6	39	7	1	238	39	2	073047
Red Sod Pork Meatball 5=2	CP5033	2.85	168	165	91	55.4	2.00	---	---	13	6	1	1	10	3.6	0	36	27	1	242	38	1	073237
Red Sod Beef Meatball 4=2	CP5035	2.60	184	151	82	54.3	2.00	---	---	12	5	2	1	9	3.5	0.6	36	5	1	216	64	2	073048
Red Sod Pork Meatball 4=2	CP5036	2.60	184	151	82	54.3	2.00	---	---	12	5	2	1	9	3.3	0	33	24	1	219	64	1	073238
Red Sod Beef Meatball 3=2	CP5038	3.00	160	172	96	55.8	2.00	---	---	13	6	1	1	11	4.1	0.7	41	7	1	251	37	2	073049
Red Sod Pork Meatball 3=2	CP5039	3.00	160	174	96	55.3	2.00	---	---	14	6	1	1	11	3.8	0	38	28	1	254	40	1	069209
Fully Cooked Bf Meatballs	CP5046	2.10	228	145	93	64.0	2.00	---	---	12	1	0	1	10	3.9	0.6	39	0	0	308	28	2	073742
NYBOE Meatballs	CP5047	2.80	106	144	64	44.3	---	---	---	13	7	1	1	7	2.9	0	35	3	1	231	35	2	
Cheeseburger Mac w/DF Bf	CP5151	5.00	96	248	115	46.4	2.00	---	0.75	15	18	7	1	13	5.7	0.6	45	230	2	498	236	1	065488
Beef Cincy Style Chili	CP519	5.58	86	225	141	62.8	2.00	1/8	---	14	6	2	1	16	5.9	0.9	55	882	5	607	34	2	056127
Pork Drained Taco Filling	CP5205	3.17	151	118	51	43.3	2.00	1/8	---	13	4	2	2	6	2.0	0	18	672	5	498	43	2	056579
Pork Chorizo con Papas	CP5228	3.67	130	137	55	40.4	2.00	---	---	13	7	1	2	6	2.1	0	39	1,514	7	591	40	2	070803
Pork Carnitas	CP5230	4.56	105	216	117	54.4	2.00	1/8	---	17	7	3	2	13	4.6	0	54	946	8	748	46	2	070801
Beef Drained LF Taco	CP5232	2.89	166	77	12	15.2	2.00	1/8	---	12	5	2	3	1	0.5	0	15	587	5	402	51	2	068552
Turkey Taco Filling	CP5235	3.45	139	145	62	42.9	2.00	1/8	---	16	4	2	2	7	2.0	0	41	691	6	480	38	2	068710
Beef Chorizo con Papas	CP5236	3.67	130	137	55	40.3	2.00	---	---	13	7	1	2	6	2.3	0	43	1,491	7	588	40	2	070802
Fired Up RF Taco	CP5239	3.17	151	119	52	43.2	2.00	1/8	---	13	4	2	2	6	2.1	0	20	789	6	495	44	2	070110
Texas Taco Filling	CP5242	2.42	198	130	90	69.0	---	---	---	12	17	0	0	10	3.7	0.6	34	389	1	468	23	2	
Reduced Sodium Beef Taco	CP5250	3.17	151	111	43	38.5	2.00	1/8	---	13	4	2	2	5	1.8	0	35	644	5	291	42	2	066577
Turkey Chili w/Beans	CP5303	6.01	79	156	49	31.3	2.00	3/8	---	14	13	3	4	5	1.5	0	30	1,500	13	516	48	2	073070
Pork Drained Chili W/Bean	CP5304	5.83	82	146	42	28.7	2.00	1/4	---	13	12	3	4	5	1.6	0	28	1,752	14	494	47	2	073071
Beef Drained Chili W/Bean	CP5307	5.83	82	134	41	31.0	2.00	1/4	---	13	10	4	3	5	1.7	0	31	1,156	9	558	42	2	073072
Beef Chili	CP5316	4.41	108	201	113	56.2	2.00	1/8	---	15	8	3	2	13	4.7	0.7	43	1,230	8	511	51	3	053641
Beef Drained Chili Sauce	CP5320	4.60	104	108	34	32.0	1.00	1/2	---	9	10	7	3	4	1.4	0	28	769	18	841	37	2	053453
Pork Chili	CP5332	4.10	117	186	105	56.3	2.00	1/8	---	13	7	3	2	12	4.0	0	36	1,164	8	479	47	2	055715
Beef Dmd Chili w/o Bean	CP5333	5.15	93	147	53	35.7	2.00	1/2	---	14	9	3	3	6	2.2	0	42	1,698	15	630	52	2	059226
Pork Dmd Chili w/o Bean	CP5334	5.15	93	139	53	38.4	2.00	1/2	---	14	8	3	3	6	2.1	0	38	1,804	14	539	45	2	061054



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Chili Con Carne w/Beans	CP5337	5.70	84	178	81	45.5	2.00	1/8	---	13	11	2	3	9	3.2	0.5	30	1,086	6	650	44	2	073073
Chili Con Carne w/o Beans	CP5338	5.00	96	191	106	55.4	2.00	1/4	---	13	8	1	2	12	4.4	0.7	40	1,223	7	633	45	2	062939
Pork Chili Verde W/Beans	CP5339	6.57	73	166	45	27.3	2.00	1/8	---	12	16	3	4	5	1.7	0	31	330	16	414	72	2	073074
Beef Chili Verde w/Beans	CP5342	6.57	72	174	53	30.7	2.00	1/8	---	12	16	3	4	6	2.1	0	34	313	16	415	72	2	073075
Chili Mac w/o Bean	CP5391	7.10	67	287	118	41.0	2.00	1/2	1.00	17	25	6	4	13	4.9	0.7	42	2,031	14	813	61	3	062437
Port Pk Chili Mac w/o Bns	CP5393	7.10	40	287	118	41.0	2.00	1/2	1.00	17	25	6	4	13	4.9	0.7	42	1,997	14	813	62	3	063140
Pork Drained Sloppy Joe	CP5401	3.44	139	141	53	37.4	2.00	1/8	---	13	9	7	1	6	2.1	0	41	487	6	630	31	1	056575
Pork Picnic BBQ	CP5416	4.60	104	211	75	35.5	2.00	1/8	---	18	16	11	2	8	2.9	0	39	509	6	935	39	2	058315
Cilantro Lime Pork	CP5421	4.57	105	140	41	29.4	2.00	1/8	---	15	10	4	3	5	1.5	0	25	837	10	382	75	2	070804
Beef Drained Sloppy Joe	CP545	3.63	132	143	52	36.5	2.00	1/8	---	13	9	8	1	6	2.2	0	44	438	8	658	33	2	056576
Beef Drained Taco	CP550	3.17	150	110	43	39.0	2.00	1/8	---	13	4	2	2	5	1.8	0	35	602	5	495	43	2	056578
Beef Drained Spag Sauce	CP5515	5.60	85	166	65	39.2	2.00	1/2	---	15	9	8	2	7	2.7	0	55	551	18	663	37	2	059228
Pork Sausage Gravy	CP552	3.95	121	167	101	60.3	1.00	---	---	7	9	1	0	11	3.6	0	27	54	0	784	20	0	053617
Pork Drained Spag Sauce	CP5521	5.91	81	165	65	39.4	2.00	1/2	---	15	9	5	2	7	2.5	0	50	892	18	726	42	2	053246
Ital Style Entree Topping	CP5528	4.00	120	108	20	18.4	2.00	1/4	---	15	7	3	3	2	0.9	0	31	568	11	384	49	2	070800
Beef Drained Spag Sauce	CP5578	5.60	85	164	66	40.3	2.00	1/2	---	15	9	5	2	7	2.8	0	55	784	16	613	43	3	059229
Spaghetti w Beef & Sauce	CP5590	8.00	60	329	159	48.1	2.00	1/2	1.00	19	23	9	3	18	6.7	1.0	59	684	21	682	53	3	059117
Spirals w Beef & Sauce	CP5591	8.00	60	334	159	47.5	2.00	1/2	1.00	19	24	10	3	18	6.7	1.0	59	702	21	941	55	4	061264
Wheat Pasta w/DrdBf & Sce	CP5592	7.80	61	229	55	24.0	2.00	1/2	1.00	19	24	8	5	6	2.4	0	24	756	21	436	73	4	065630
Port Pk Spirals w/Bf&Sce	CP5593	8.00	40	334	159	47.5	2.00	1/2	1.00	19	24	10	3	18	6.7	1.0	59	702	21	941	55	4	063142
Port Pk Spag w/Beef & Sce	CP5594	8.00	40	329	159	48.1	2.00	1/2	1.00	19	23	9	3	18	6.7	1.0	59	684	21	683	53	3	063141
Red Sodium Pork Rib	CP5614	2.62	183	152	79	52.3	2.00	---	---	14	4	2	1	9	3.1	0	41	99	1	419	34	1	073611
Reduced Sodium Beef Rib	CP5624	2.62	192	145	75	52.2	2.00	---	---	14	4	1	1	8	3.2	0.5	43	72	1	395	33	2	073612
OC Beef Sm Split Link	CP5628	2.40	200	178	124	69.3	2.00	---	---	12	1	0	0	14	5.2	0.8	48	36	0	469	28	2	062657
OC Beef Hoagy	CP5630	2.12	226	122	74	60.3	2.00	---	---	11	2	0	1	8	3.1	0.5	29	2	0	177	32	1	057168
Red Sodium Beef Meatloaf	CP5631	3.20	150	193	99	51.2	2.00	---	---	15	8	1	1	11	4.2	0.7	69	92	2	294	46	2	073613
Red Sodium Beef Salisbury	CP5632	2.78	172	158	81	51.4	2.00	---	---	14	5	1	1	9	3.4	0.6	43	40	1	303	45	2	073614
OC Pork Sm Split Link	CP5633	2.48	193	184	128	69.5	2.00	---	---	13	1	0	0	14	5.0	0	46	64	0	489	29	1	062660
Pork Sm Brkfst Patty	CP5635	2.62	183	151	92	60.8	2.00	---	---	13	2	1	1	10	3.6	0	34	37	0	661	44	1	057167
OC Sm Pork Brkfst Links	CP5641	1.34	358	77	47	60.8	1.00	---	---	7	1	0	1	5	1.9	0	17	19	0	338	22	1	057107
OC Sthrn Pork Ssg Patties	CP5649	1.33	360	120	94	78.4	1.00	---	---	6	1	0	0	10	3.8	0	24	56	0	307	16	0	061709
KF Breaded Pork Choppette	CP5651	3.50	140	273	154	56.3	2.00	---	---	14	16	1	2	17	4.7	0	33	32	1	513	36	2	062473
KF Breaded Beef Patty	CP5652	3.50	140	261	137	52.6	2.00	---	---	15	16	1	2	15	4.1	0.5	33	29	0	518	37	2	062472
OC Sthrn Pork Ssg Link	CP5653	1.36	352	123	97	78.4	1.00	---	---	6	1	0	0	11	3.8	0	24	57	0	314	16	0	063747
Chargrill 2.45oz Bf Patty	CP5659	2.45	196	144	84	58.3	2.25	---	---	14	2	0	1	9	3.6	0.6	38	0	0	407	36	2	072546
OC Bf Patties w/Cherries	CP5660	2.40	200	203	133	65.6	2.25	---	---	15	3	1	1	15	5.7	0.9	59	27	0	298	22	2	072550
Chargrill 2.1oz Bf Patty	CP5661	2.10	229	124	72	58.3	2.00	---	---	12	1	0	1	8	3.1	0	33	0	0	349	31	2	072545
Chargrill 3 oz Beef Patty	CP5662	3.00	160	177	103	58.3	2.75	---	---	17	2	0	2	11	4.4	0.7	47	0	0	498	44	2	072547
Chargrill X-Lg Beef Patty	CP5663	4.00	120	235	137	58.3	3.75	---	---	22	2	0	2	15	5.8	0.9	62	0	0	664	58	3	072548
OC Mesquite Beef Patties	CP5664	2.40	200	141	81	57.7	2.25	---	---	13	2	0	1	9	3.5	0.6	37	0	0	394	35	2	072549
CP Beef Sm Breakfast Patty	CP5665	1.29	372	75	45	60.7	1.00	---	---	6	1	0	1	5	1.9	0	18	8	0	324	22	1	068456



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OC Onion Beef Patties	CP5667	2.40	200	140	80	57.3	2.25	---	---	13	2	0	1	9	3.4	0.5	36	0	0	388	37	2	072551
Large Premium Beef Patty	CP5668	3.00	160	209	137	65.4	2.00	---	---	15	2	2	0	15	5.8	0.9	60	0	0	492	20	2	072552
Fully Cooked Mini Beef Patty	CP5669	1.15	417	68	39	58.3	1.00	---	---	6	1	0	1	4	1.7	0	18	0	0	191	17	1	073531
Beef Chili Sauce	CP567	5.23	91	211	122	57.6	2.00	---	---	14	9	4	2	14	5.0	0.8	44	798	5	726	43	2	061517
Beef Drained Chili w/Bean	CP579	5.83	82	146	42	28.5	2.00	3/8	---	13	13	4	4	5	1.7	0	31	1,490	12	565	51	3	073069
AL FC Seasoned Beef Steak	CP5813	2.92	164	153	56	36.6	2.00	---	---	14	3	2	0	9	5.0	0	43	34	1	350	14	8	070780
SB Beef Teriyaki Meatball	CP5851	3.90	123	226	82	36.3	2.00	---	---	13	24	15	1	9	3.5	0.6	32	43	2	880	64	2	073051
SB Beef Italian Meatball	CP5853	3.90	123	173	83	47.8	2.00	---	---	13	10	5	2	9	3.5	0.6	32	279	8	679	69	2	073052
SB Pork Teriyaki Meatball	CP5855	3.90	123	226	82	36.3	2.00	---	---	13	24	15	1	9	3.2	0	29	62	2	883	63	1	073990
Beef Crumble	CP5868	2.44	196	160	106	66.0	2.00	---	---	13	1	0	1	12	4.5	0.7	42	0	0	174	24	2	073055
CP Cooked Ground Beef	CP5872	2.00	240	116	51	44.2	2.00	---	---	15	0	0	0	6	2.2	0	62	0	0	58	16	2	066575
CP Cooked Beef Patty Mix	CP5874	2.30	208	130	72	55.8	2.00	---	---	13	2	0	1	8	3.1	0	41	0	0	644	31	2	071236