



## Whole Grain FitStix 50/50 Mozzarella Cheese 12704

- Nutritious cheese filled breadsticks made with Ultragrain® Flour
- 25% Whole Grain
- Less than 300 mg of Sodium
- Main Menu application CN approved: 1 bread and 1 meat alternate
- Fits 64 sticks to a pan (bulk)
- Serve one FitStix as a fun side item or a hot breakfast alternative
- Offer with a favorite dipping sauce
- Kid tested. Some consumer comments\* were:
  - “I like the cheesy taste and the quick grab and go style”
  - “It melts in my mouth”
  - “This product is near perfect!”
  - “It tastes good! It’s very filling.”



\*Consumer test conducted in Feb 2009 and May 2009

### Nutrition Information

	Code	Size	Pack	CN Label			Cal	Fat	Sat Fat	Trans Fat	Chol	Sod.	Carb	Fib	Prot.	Vit A	Vit C	Calc	Iron	%cal
				Bread	M/MA	Veg														
Whole Grain FitStix		(oz)						g	g	g	mg	mg	g	g	g	%	%	%	%	from fat
50/50 Cheese (one stick)	77387-12704	1.84 (One stick)	256	1	1	0	140	5	1.5	0	5	280	18	2	7	0	0	10	6	32

### Product Facts:

- Shelf Life = 12 months
- Case Dimensions (L x W x H) = 17.875" x 12.875" x 7.875"
- Case Cube (Cu ft) = 1.049 ft
- Pattern Tie x High = 7 x 7 = 49 cases
- Gross Case Wt. (lbs): 31.66 lbs

### PRODUCT SPECS

#### 77387-12704 – WHOLE GRAIN 50/50 FitStix

Frozen, full-melt cheese filled breadsticks. **Minimum portion weight of 1.84 oz.** Pizzeria dough filled with low moisture part skim mozzarella cheese and substitute cheese. Stick must contain one bread serving and one meat alternate. Made with 25% whole wheat flour. Whole wheat flour must be Ultragrain® Brand. **Minimum of 140 calories. No more than 280 mg of sodium.** Packed 256 per case. The Max only – 77387-12704.

### Child Nutrition Identification – 076835

One 1.84 oz. portion provides 1.0 oz. equivalent meat alternate, and 1.0 serving of bread alternate for Child Nutrition Meal Pattern Requirements.

### Heating Instructions

**Note:** Ovens will vary. Please adjust time and temperature accordingly. Refrigerate or discard any unused portion. Fill baking pan with 64 FitStix.

**Convection Oven:** Bake at 375°F for 16 to 18 minutes or until internal temperature reaches a minimum of 165°F.

**Conventional Oven:** Bake at 400°F for 14 to 16 minutes or until internal temperature reaches a minimum of 165°F.

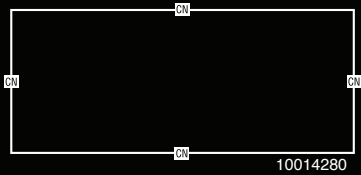
### INGREDIENTS

**DOUGH** (FLOUR BLEND [ENRICHED WHEAT FLOUR {BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID}, WHOLE WHEAT FLOUR, SOY FLOUR], WATER, BAKING POWDER [SODIUM BICARBONATE, SODIUM ALUMINUM SULFATE, CORNSTARCH, MONOCALCIUM PHOSPHATE, CALCIUM SULFATE], SOYBEAN OIL, SALT, DEXTROSE, DOUGH CONDITIONERS [WHEAT FLOUR, SALT, SOY OIL, L-CYSTEINE, ASCORBIC ACID, ENZYME]). **SHREDDED PART SKIM MOZZARELLA CHEESE** ([PASTEURIZED MILK, SALT, ENZYMES], MODIFIED FOOD STARCH, METHYLCELLULOSE). **SHREDDED MOZZARELLA CHEESE SUBSTITUTE** (WATER, SOYBEAN OIL, CASEIN, MILK PROTEIN CONCENTRATE, MODIFIED FOOD STARCH, CONTAINS 2% OR LESS OF THE FOLLOWING: SODIUM ALUMINUM PHOSPHATE, SALT, DISODIUM PHOSPHATE, MODIFIED VEGETABLE GUM, MOZZARELLA CHEESE TYPE FLAVOR [CHEESE {MILK, CULTURE, RENNET, SALT}, MILK SOLIDS, DISODIUM PHOSPHATE], LACTIC ACID, SORBIC ACID, NUTRIENT BLEND [MAGNESIUM OXIDE, ZINC OXIDE, CALCIUM PANTOTHENATE, RIBOFLAVIN AND VITAMIN B12] VITAMIN A PALMITATE). **CONTAINS: WHEAT, MILK, SOY.**

CONTAINS 256-1.84  
OUNCE PORTIONS



**MOZZARELLA CHEESE/CHEESE SUBSTITUTE FILLED BREADSTICKS**



**KEEP FROZEN; COOK THOROUGHLY.**

**INGREDIENTS:** Dough (Flour blend [enriched wheat flour (bleached wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), whole wheat flour, soy flour], water, baking powder [sodium bicarbonate, sodium aluminum sulfate, cornstarch, monocalcium phosphate, calcium sulfate], soybean oil, salt, dextrose, dough conditioners [wheat flour, salt, soy oil, l-cysteine, ascorbic acid, enzyme]), **Shredded Part Skim Mozzarella Cheese** (Pasteurized milk, salt, enzymes, modified food starch, methylcellulose), **Shredded Mozzarella Cheese Substitute** (water, soybean oil, casein, milk protein concentrate, modified food starch, contains 2% or less of the following: sodium aluminum phosphate, salt, disodium phosphate, modified vegetable gum, mozzarella cheese type flavor [cheese (milk, culture, rennet, salt), milk solids, disodium phosphate], lactic acid, sorbic acid, nutrient blend [magnesium oxide, zinc oxide, calcium pantothenate, riboflavin and vitamin B-12], vitamin A palmitate).

**CONTAINS: MILK, WHEAT AND SOY**

**NET WT 29 LBS 7.04 OZ (13.35kg)**

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