



## Whole Grain MexiCheez FitStix 12705

Nutritious cheese filled breadsticks made with Ultragrain® Flour

- 25% Whole Grain
- 340 mg of Sodium
- Main Menu application CN approved: 1 bread and 1 meat alternate
- Fits 64 sticks to a pan (bulk)
- Serve one FitStix as a fun side item or a hot breakfast alternative
- Offer with a favorite dipping sauce
- Kid tested. Some consumer comments\* were:
  - "I like the cheesy taste and the quick grab and go style"
  - "It melts in my mouth"
  - "This product is near perfect!"
  - "It tastes good! It's very filling."

\*Consumer test conducted in Feb 2009 and May 2009



### Nutrition Information

	Code	Size	Pack	CN Label			Cal	Fat	Sat Fat	Trans Fat	Chol	Sod.	Carb	Fib	Prot.	Vit A	Vit C	Calc	Iron	%cal
				Bread	M/MA	Veg														
Whole Grain FitStix		(oz)						g	g	g	mg	mg	g	g	g	%	%	%	%	from fat
MexiCheez (one stick)	77387-12705	1.88 (One stick)	256	1	1	0	140	4.5	1.5	0	5	340	18	2	7	0	0	15	6	29

### Product Facts:

- Shelf Life = 12 months
- Case Dimensions (L x W x H) = 17.875" x 12.875" x 7.875"
- Case Cube (Cu ft) = 1.049 ft
- Pattern Tie x High = 7 x 7 = 49 cases
- Gross Case Wt. (lbs): 32.32 lb

### PRODUCT SPECS

#### 77387-12705 – WHOLE GRAIN FitStix MexiCheez

Frozen, full-melt Mexican flavored cheese filled breadsticks. **Minimum portion weight of 1.88 oz.** Pizzeria dough filled with Mexican flavored low moisture part skim mozzarella cheese and cheddar flavored substitute cheese. Stick must contain one bread serving and one meat alternate. Made with 25% whole wheat flour. Whole wheat flour must be Ultragrain® Brand. **Minimum of 140 calories. No more than 340 mg of Sodium.** Packed 256 per case. The Max only – 77387-12705.

### Child Nutrition Identification – 076825

One 1.88 oz. portion provides 1.0 oz. equivalent meat alternate, and 1.0 serving of bread alternate for Child Nutrition Meal Pattern Requirements.

### Heating Instructions

**Note:** Ovens will vary. Please adjust time and temperature accordingly. Refrigerate or discard any unused portion. Fill baking pan with 64 FitStix.

**Convection Oven:** Bake at 375°F for 16 to 18 minutes or until internal temperature reaches a minimum of 165°F.

**Conventional Oven:** Bake at 400°F for 14 to 16 minutes or until internal temperature reaches a minimum of 165°F.

### INGREDIENTS

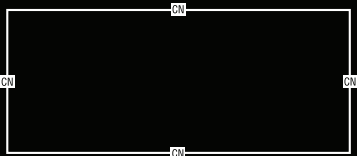
**Crust** (Flour blend [enriched wheat flour {bleached wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid}, whole wheat flour, soy flour], water, baking powder [sodium bicarbonate, sodium aluminum sulfate, cornstarch, monocalcium phosphate, calcium sulfate], soybean oil, salt, dextrose, dough conditioners [wheat flour, salt, soy oil, L-Cysteine, ascorbic acid, enzyme]). **Shredded Part skim Mozzarella Cheese** ([pasteurized milk, salt, enzymes], modified food starch, methylcellulose), **Shredded Mild Cheddar Nacho Flavored Cheese Substitute** (water, soybean oil, casein, milk protein concentrate, modified food starch, contains 2% or less of the following: sodium aluminum phosphate, salt, cheddar cheese type flavor [cheddar, blue and semi-soft cheese {pasteurized milk, cheese culture, salt, enzymes} water, whey, citric acid], modified vegetable gum, disodium phosphate, mozzarella cheese type flavor [cheese {milk, culture, rennet, salt} milk solids, disodium phosphate], lactic acid, sorbic acid, oleoresin capsicum, spice blend annatto and paprika [natural extractives of annatto seeds and paprika with mono-, di-, and triglycerides, soybean and/or canola oil, other natural flavors, tocopherol and potassium hydroxide], nutrient blend [magnesium oxide, zinc oxide, calcium pantothenate, riboflavin, and vitamin B-12], vitamin A palmitate). **Enchilada-Taco Spice Blend** (tomato powder, modified food starch, maltodextrin, salt, chili pepper, soybean oil, sodium diacetate, spice, onion, garlic, silicon dioxide (anticaking, paprika, xanthan gum, disodium inosinate and spice extractive). **CONTAINS: MILK, WHEAT, SOY.**

CONTAINS 256-1.88  
OUNCE PORTIONS



**FitStix™**

**MEXICHEEZ BREADSTICKS FILLED WITH MOZZARELLA CHEESE/MILD  
CHEDDAR NACHO FLAVORED CHEESE SUBSTITUTE**



10014153



FPO



**KEEP FROZEN; COOK THOROUGHLY.**

**INGREDIENTS:** Crust (Flour blend [enriched wheat flour, bleached wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], whole wheat flour, soy flour), water, baking powder [sodium bicarbonate, sodium aluminum sulfate, cornstarch, monocalcium phosphate, calcium sulfate], soybean oil, salt, dextrose, dough conditioners [wheat flour, salt, soy oil, L-cysteine, ascorbic acid, enzyme], **Shredded Part skim Mozzarella Cheese** (pasteurized milk, salt, enzymes), modified food starch, methylcellulose), **Shredded Mild Cheddar Nacho Flavored Cheese Substitute** (water, soybean oil, casein, milk protein concentrate, modified food starch, contains 2% or less of the following: sodium aluminum phosphate, salt, cheddar cheese type flavor [cheddar, blue and semi-soft cheese (pasteurized milk, cheese culture, salt, enzymes) water, whey, citric acid], modified vegetable gum, disodium phosphate, mozzarella cheese type flavor [cheese (milk, culture, rennet, salt) milk solids, disodium phosphate], lactic acid, sorbic acid, oleoresin capsiuum, spice blend annatto and paprika [natural extractives of annatto seeds and paprika with mono-, di-, and triglycerides, soybean and/or canola oil, other natural flavors, tocopherol and potassium hydroxide], nutrient blend [magnesium oxide, zinc oxide, calcium pantothenate, riboflavin, and vitamin B-12], vitamin A palmitate), **Enchilada-Taco Spice Blend** (tomato powder, modified food starch, maltodextrin, salt, chili pepper, soybean oil, sodium diacetate, spice, onion, garlic, silicon dioxide (anticaking), paprika, xanthan gum, disodium inosinate and spice extractive).

**CONTAINS: MILK, WHEAT AND SOY**

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Omaha, NE 68103-0768

US Pat. Nos. 7,419,694 and 7,425,344

**NET WT 30 LBS 1.28 OZ (13.64kg)**

**77387-12705**